

Behavioral Choice Module “BCM”

The Behavioral Choice Module – BCM is designed to give participants the tools needed to consistently make informed and appropriate decisions based on their behaviors, situations, and impact on others.

METHODOLOGY

The core elements of the restorative justice philosophy that incorporates public safety, accountability and competency development are introduced and practiced, where participants are encouraged to continuously assess their behavior and its potential impact on others.

CURRICULUM

Offered online and in-person, this course provokes self-reflection through group discussions, one-on-one conversations, and worksheet exercises that are designed to reveal behavior and rationale. The course is intended to help empower and is designed to deliver a non-punitive message to participants.

OUTCOMES

By the end of this course, participants will:

- Understand personal choice and its impact on others
- Analyze choices and apply decision making processes
- Accept personal responsibility



Judicial Services

Contact: Nick Corpolongo

Call: (847) 543-2100

Email: ncorpolongo@clcollinois.edu

Substance Awareness Module

“SAM”

Substance Awareness Module participants will understand and apply evidence-based information on substances and alcohol, as they incorporate the principles of Choice Theory. Choice Theory indicates that all behavior is intentional and controlled by personal choice. Through the application of Choice Theory, participants will gain knowledge on the neuroscience of behaviors and identify ways to evaluate and improve outcomes of choices

METHODOLOGY

The physical and mental impairments from alcohol and other substances will be explained and applied using Choice Theory, as the instructor will emphasize and discuss the correlation between personal responsibility and consequences, and how to navigate peer pressure, in order to make positive choices in the future.

CURRICULUM

Offered online and in-person, this course will help lead participants through reflective group discussions on the neuroscience of behaviors and the principles of Choice Theory. The course incorporates educational videos and exercises that will help guide discussion and reflection to improve future outcomes from participants' choices.

OUTCOMES

By the end of the course, participants will:

- Understand how substances and alcohol effect the body
- Analyze how the use of substances and alcohol impair decision making
- Apply the principles of Choice Theory
- Understand the impact of personal responsibility



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